

# Freedom to Speak Up

Speak up and make a difference

**Bromley  
Healthcare**  
community first

**Line Managers**  
Speak to your line manager or a different line manager

**Datix**  
Share through the Feedback or Incident portals

**Professional Bodies**  
Seek advice from your professional body

**Human Resources**  
Talk to your HR Business Partner

**Safeguarding**  
Contact the Adult or Children's Safeguarding Nurse

**Freedom To Speak Up Guardians**  
You can contact one of our guardians or ambassadors. Search 'freedom' on the staff intranet to find out more or click [here](#).

**Ask Jacqui Blog**

**Channels for speaking up**

**Lived Experience Advisory Group**

**Employee Engagement Collaborative**

**NHS England**

**Inclusion Groups**  
Race, Equality and Cultural Heritage Network (REACH)

**Police**  
If a crime has been committed, contact the police (call 101)

**Care Quality Commission / OFSTED**

**Trade Union**  
Contact your Trade Union Representative

**Mental Health First Aiders**

**LGBTQ+ Collective**  
Diverse Abilities