

Informal Assessment Workbook

STUDENT NAME: _____

BHC
Adult Child Infant CPR Refresher Course
AED & Anaphylaxis



HCTS

HEALTH CARE TRAINING SERVICES

“Look to the future and let Health Care Training Services deliver your training needs today”

Health Care Training Services
PO Box 257

Sidcup

DA15 0EP

020 8302 8832

www.firstaidhcts.co.uk

info@firstaidhcts.co.uk

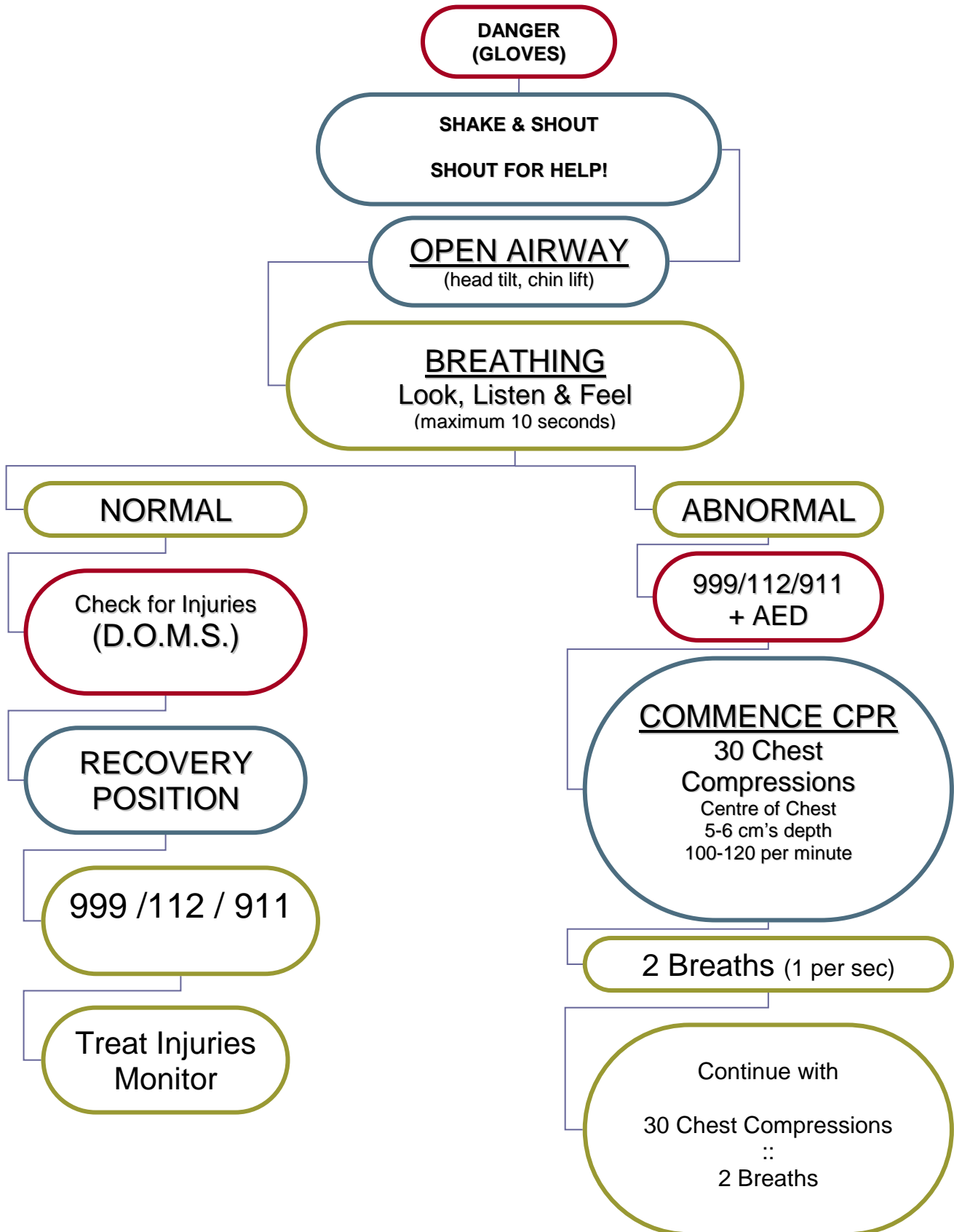
andrewmoy.com

andrew@andrewmoy.com

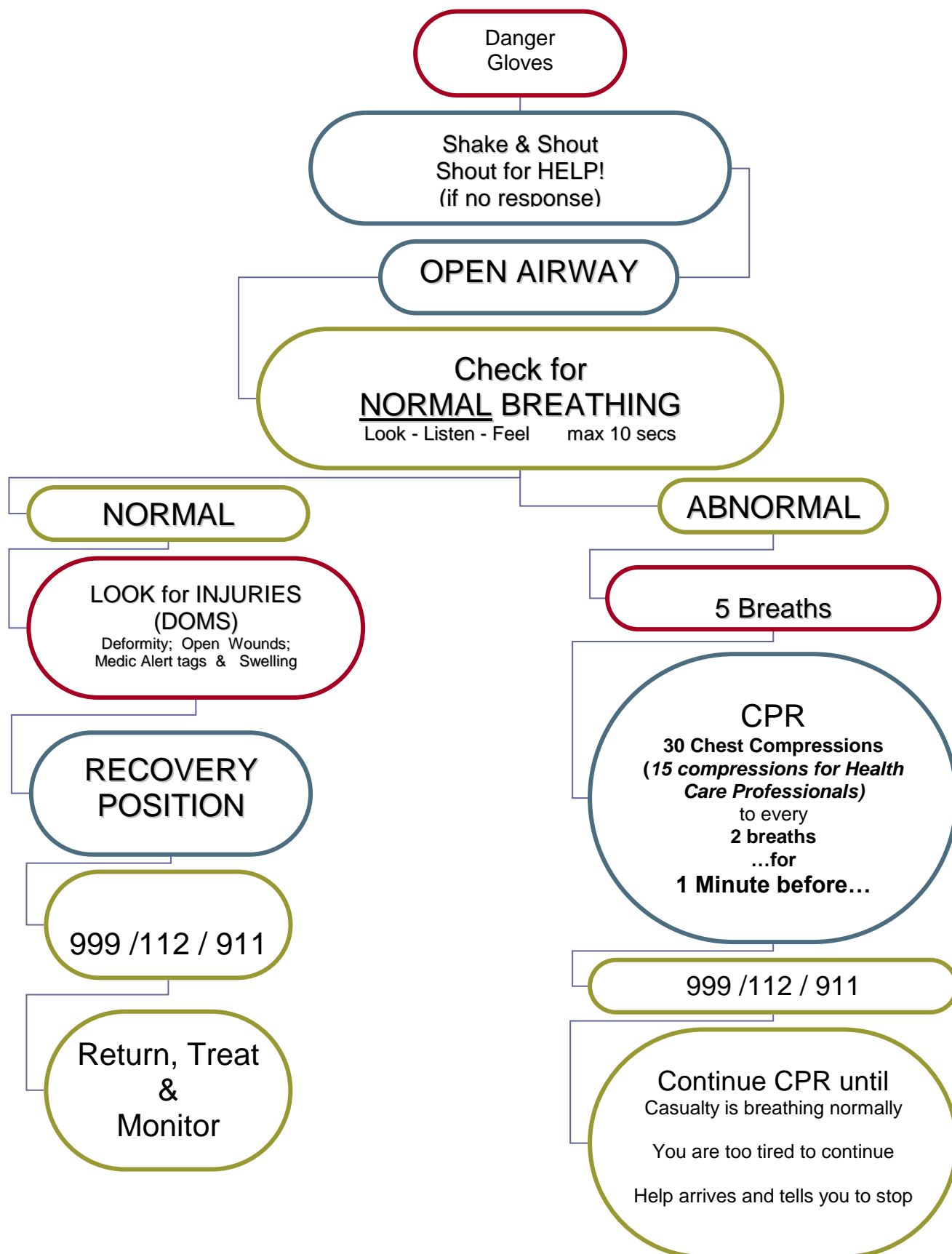


Informal Assessment Workbook

Adult Unconscious Casualty/Resuscitation Flowchart

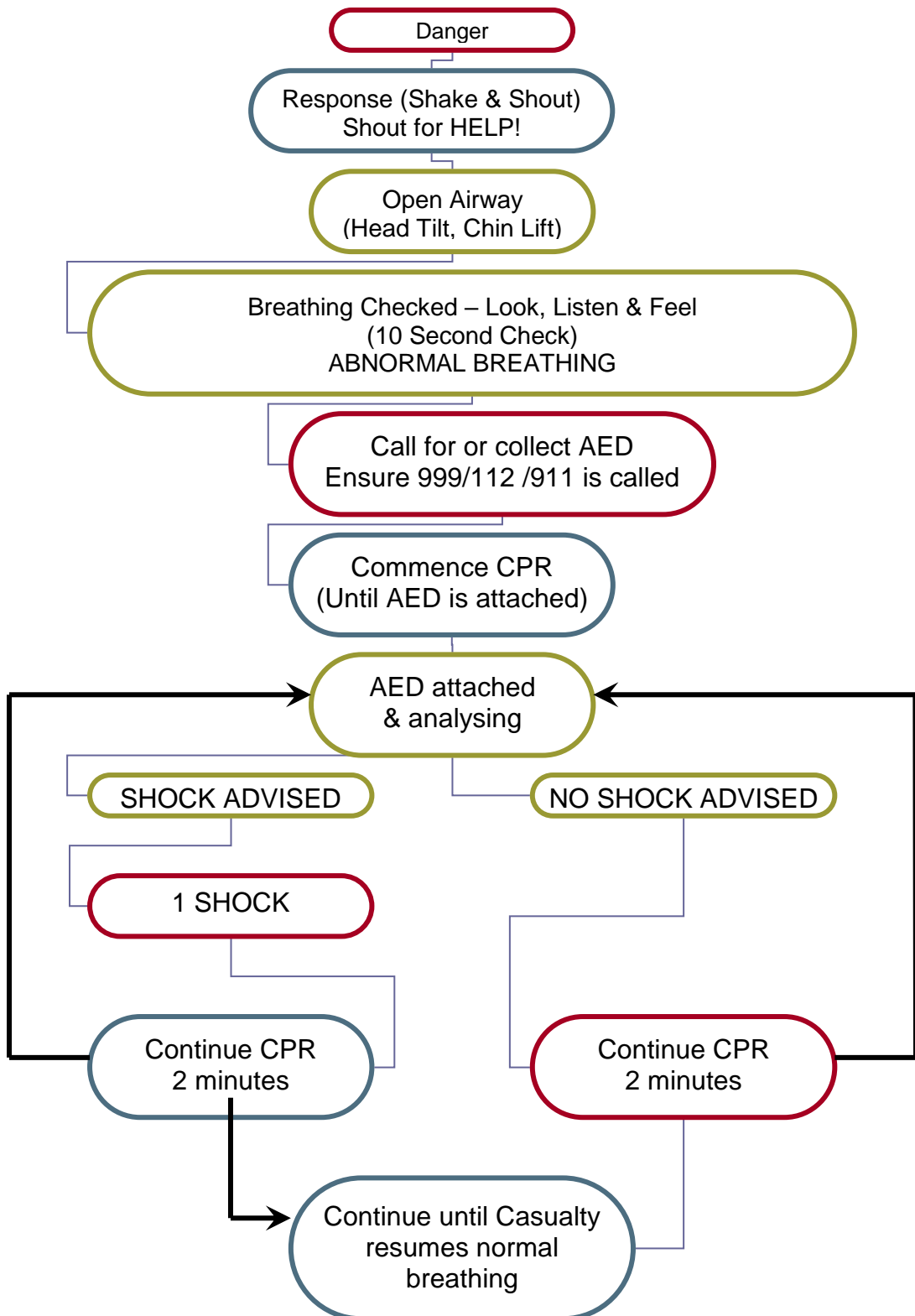


Informal Assessment Workbook
Child /Infant Unconscious Casualty/Resuscitation Flowchart



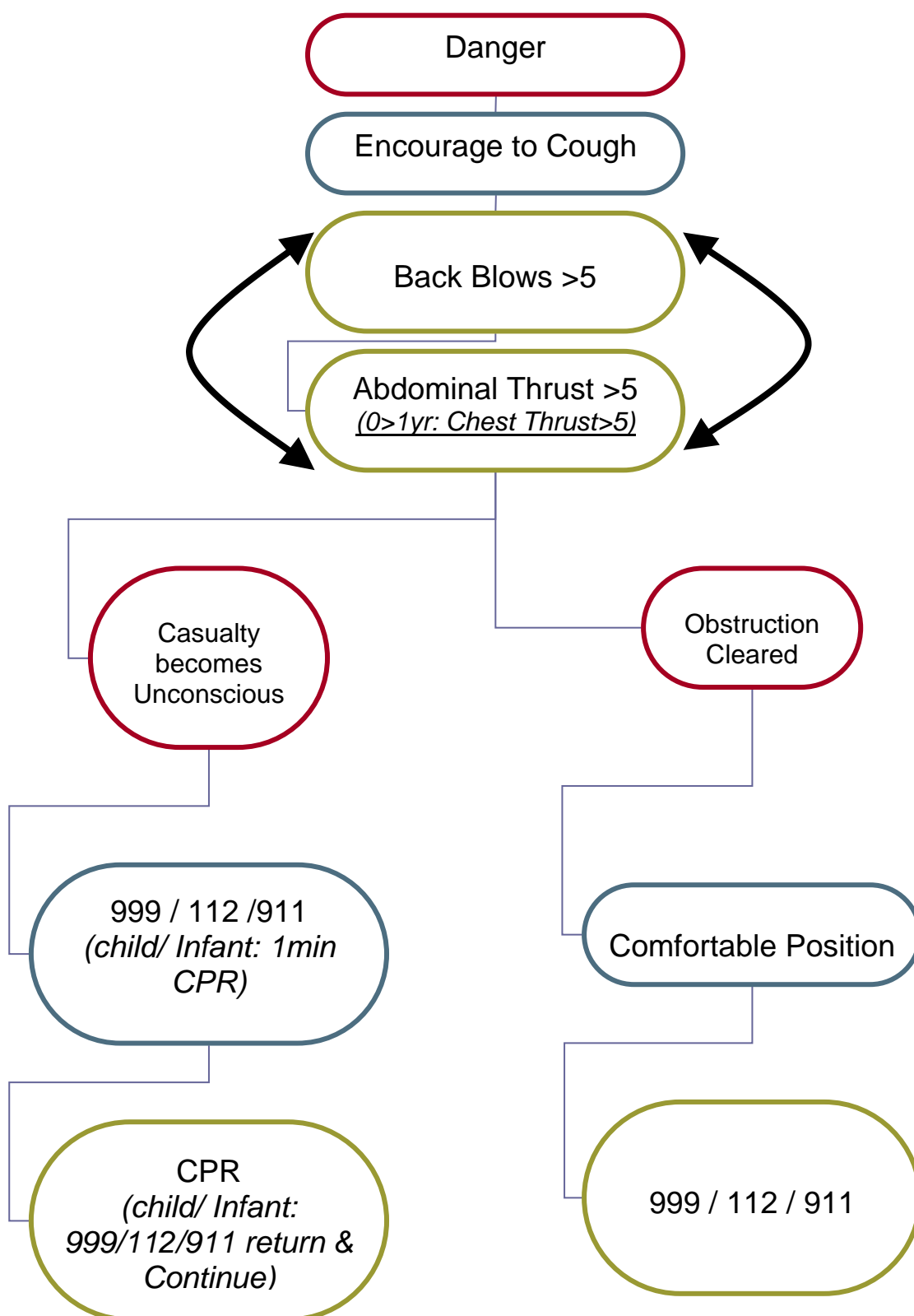
Informal Assessment Workbook

AED flow algorithm



Informal Assessment Workbook

Severe Choking Procedures



Informal Assessment Workbook

Anaphylactic Shock

An acute potentially life threatening condition following exposure to a provoking agent.

Signs & Symptoms:

- The patient will feel and look unwell:
- Most reactions occur over several minutes. Rarely reactions may be slower in onset
- The patient is usually anxious and can experience a 'sense of impending doom'.
- RESPIRATORY
- Wheezing; Dyspnoea; Rhinitis (irritation & Inflammation) ; Laryngeal obstruction causing stridor (high pitched wheezing sound); Hypoxia
- CARIOVASCULAR
- Hypotension; Tachycardia; Arrhythmias
- CENTRAL NERVOUS SYSTEM
- Confusion; Feeling of impending doom; Apprehension; Metallic Taste; Altered levels of consciousness.
- CUTANEOUS
- Swelling; Hives (Urticaria); Redness (erythema); Itching (pruritus);
- GASTROINTESTINAL
- Nausea; Diarrhoea; Abdominal Pain; Vomiting
- GENERIC S&S
- Panic/ distress
- Lowering levels of consciousness (Alert- Verbal- Pain- Unresopnsive)
- Death.

Management

- Recognition of an acute life threatening condition.
- 999/112/911
- Comfortable position:
- DIB: sitting up
- Low BP/ feeling faint: Lying down legs raised
- Unconscious: recovery position
- Reassure
- Monitor.

Informal Assessment Workbook

- Administration of Epinephrine 1:1000 IM
 - Adult >12yrs: 500mcg (0.5ml)
 - Child >12yrs: 500mcg (0.5ml)
 - Child 6-12yrs: 300mcg (0.3ml)
 - Child <6yrs: 150mcg (0.15ml)
- Repeat IM 1:1000 after 5 mins if no improvement
- Oxygen 10 - 15LPM
- If Epi-pen or similar available – use
 - Adult: 300mcg
 - Child: 150mcg.

EpiPen

One dose per injector, one use only. Two strengths available, one for older children and adults and one for use in young children.

The dosage needed is calculated according to body weight, as shown in the table below: [1](#)

Body weight	Adrenaline
EpiPen®Jr 15-30 kg (2 St 5lbs – 4St 9lbs)	0.15 mg
EpiPen® >30 kg (>4St 9lbs)	0.3 mg

Repeat dose may be needed if the patient is a large adult, or if symptoms do not improve, get worse or return before reaching the emergency department. The second dose can be given after about 5 to 15 minutes if necessary. The patient should not self-administer more than two doses.

Informal Assessment Workbook

Additional useful Information for course participants

<u>Condition</u>	<u>Shock</u>	<u>Heart Attack</u>	<u>Diabetic Attack</u> <i>(hypo)</i>	<u>Epilepsy</u>	<u>Stroke:</u> <u>Compression</u>
<u>Skin</u>	Pale, Cold & Clammy	Pale, Cold & Clammy	Pale & Clammy	Pale	Warm, Dry & Flushed
<u>Pulse</u>	Rapid & Weak	Rapid, Weak & Irregular	Rapid	Rapid	Slow & Strong
<u>Breathing</u>	Rapid & Shallow	Rapid & Shallow	Rapid & Shallow	Rapid & Shallow	Deep, noisy
<u>Eyes</u>	Equal	Equal	Equal	Equal	Unequal
<u>Other symptoms</u>	Wound, Nausea & Vomiting	Chest pain, radiating arms, neck jaw etc.	Confused, Aggressive, rapid onset History	Confused, Seizures, History	Confusion , slurred speech, paralysis

In all instances Bromley Healthcare staff should adhere to current UK resuscitation Council Guidelines; Care Quality Commission Procedures and Guidelines; HSE Legislation; First Aid Procedures and conduct themselves in accordance to Current Policy and Procedures used by Bromley Healthcare.