

# **Bromley Continence Formulary for Adults**



**Updated  
August 2017**

# Bromley Continence Formulary for Adults

This is an update of the Bromley Continence Formulary for Adults July 2016.

The formulary provides a guideline for all healthcare professionals working in primary and community care involved in the selecting and prescribing of continence products.

It aims to simplify and rationalise product selection for adult patients with bladder or bowel dysfunction and reduce prescribing errors and wastage.

The formulary has been agreed between Bromley CCG Medicines Management Team and Bromley Healthcare Bladder and Bowel service after consultation with Bromley GPs and community nurses.

Product choice is based on quality, patient acceptability and cost-effectiveness. The formulary is not intended to restrict patient choice. Product selection should take account of the individual needs of the patient.

Product descriptions, codes and quantities aim to match listings in the Drug Tariff and EmisWeb to assist correct prescribing. Costs are based on Drug Tariff August 2017.

Suitable quantities for prescribing are highlighted in **green**.

**Products can be identified for prescribing on Emis Web using the product code.**

Products highlighted in **red** should only be prescribed under the recommendation of specialists: i.e. Bladder and Bowel specialist nurses, urology specialist nurses and urologists.

## Contents

Product		Page
1	Urinary catheters	4
1.1	Medium term catheters	4
1.2	Long term catheters	5
1.2.1	Silicone catheters	5
1.2.2	Hydrogel catheters	6
1.2.3	Anti-infective catheters	6
2	Lubricant gels	7
3	Catheter valves	7
4	Catheter retaining straps	7
5	Catheter clips	8
6	Urinary catheter drainage bags	8
6.1	Leg bags	8
6.2	Night bags - sterile drainable	9
6.3	Night bags - single use	9
6.4	Belly bags	10
7	Leg bag holders	10
8	Leg bag straps	11
9	Catheter maintenance solutions	11
10	Urinary sheaths & leg bags	12
10.1	Urinary sheaths	12
10.2	Bioderm	12
10.3	Drainage bags	13
11	Anal plugs/inserts	13
12	Anal irrigations	14
13	Faecal collectors	14
14	Urinal systems	15
14.1	Urinals	15
14.2	Penis pouches	15
14.3	Afex system	16
15	Vaginal inserts	17
16	Bladder and Bowel Service contact details	17

# 1. Urinary Catheters

## 1.1 Medium term catheters

Medium term catheters are suitable for use for up to 28 days.

Prescribe in single units  
Suitable quantity = 2 catheters

Catheter description and manufacturer	Length	Gauge (Ch)	Code	Balloon size	Cost £
PTFE AquaFlate coated latex with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation Rusch Teleflex	Male	12	DP310112	10ml	2.17
		14	DP310114	10ml	2.17
		16	DP310116	10ml	2.17
		18	DP310118	10ml	2.17
		20	DP310120	10ml	2.17
		22	DP310122	10ml	2.17
		24	DP310124	10ml	2.17
	Female	12	DP210112	10ml	2.17
		14	DP210114	10ml	2.17
		16	DP210116	10ml	2.17
		18	DP210118	10ml	2.17
		20	DP210120	10ml	2.17
		22	DP210122	10ml	2.17
		24	DP210124	10ml	2.17

## 1.2 Long term catheters

The following silicone and hydrogel catheters (1.2.1 and 1.2.2) are licensed for urethral and suprapubic use for up to 12 weeks.

Male catheters are standard length and must always be used for men.

Female length urinary catheters are suitable for ambulant female patients, but not usually for obese, bed bound or chairbound female patients.

Patients with suprapubic urinary catheters can use a male/standard or female catheter depending on patient comfort/choice.

Blocking and bypassing problems are common with long term catheters. Management can be discussed with the Bladder & Bowel Service.

**Prescribe in single units**

**Suitable quantity = 2 catheters**

### 1.2.1 Silicone catheters

Catheter description and manufacturer	Length	Gauge (Ch)	Code	Balloon size	Cost £
Brilliant Aquaflate All-silicone with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation Rusch Teleflex	Male	12	DA310112	10ml	6.11
		14	DA310114	10ml	6.11
		16	DA310116	10ml	6.11
		18	DA310118	10ml	6.11
		20	DA310120	10ml	6.11
		22	DA310122	10ml	6.11
	Female	12	DA210112	10ml	6.11
		14	DA210114	10ml	6.11
		16	DA210116	10ml	6.11
		18	DA210118	10ml	6.11
		20	DA210120	10ml	6.11
		22	DA210122	10ml	6.11
		24	DA210124	10ml	6.11
		Folysil All Silicone open ended with pre-filled syringe for balloon inflation and empty syringe for balloon deflation Coloplast Ltd <b>Suitable for use in patients who experience recurrent catheter encrustation or blockage</b>	Male (open ended)	12	AA7412
14	AA7414			10ml	6.37
16	AA7416			10ml	6.37
18	AA7418			10ml	6.37

## 1.2.2 Hydrogel catheters

Catheter description and manufacturer	Length	Gauge (Ch)	Code	Balloon size	Cost £
Sympacath AquaFlate hydrogel coated latex with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation Rusch Teleflex	Male	12	DH310112	10ml	6.22
		14	DH310114	10ml	6.22
		16	DH310116	10ml	6.22
		18	DH310118	10ml	6.22
		20	DH310120	10ml	6.22
		22	DH310122	10ml	6.22
		24	DH310124	10ml	6.22
	Female	12	DH210112	10ml	6.22
		14	DH210114	10ml	6.22
		16	DH210116	10ml	6.22
		18	DH210118	10ml	6.22
		20	DH210120	10ml	6.22
		22	DH210122	10ml	6.22
		24	DH210124	10ml	6.22

## 1.3 Anti-infective catheters

### As recommended by Bladder and Bowel Service.

Silver alloy coated catheters may be considered for patients with recurrent catheter-associated urinary tract infections. Bardex I.C. catheters are licensed for use up to 28 days.

Prescribe in single units

Suitable quantity = 2 catheters

Catheter description and manufacturer	Length	Gauge (Ch)	Code	Balloon size	Cost £
Bardex I. C. silver alloy coated pre-filled syringe of sterile water Bard Ltd	Standard	12	D236512S	10ml	9.76
		14	D236514S	10ml	9.76
		16	D236516S	10ml	9.76
		18	D236518S	10ml	9.76
		20	D236520S	10ml	9.76
		22	D236522S	10ml	9.76
	Female	12	D236912S	10ml	9.76
		14	D236914S	10ml	9.76
		16	D236916S	10ml	9.76

## 2. Lubricant gels

Lubricants with anaesthetic should be used for both male and female urethral catheterisations. Allergies, sensitivities or contra indications must be checked with the patient prior to use.

### Prescribe in single units

Lubricant gel and manufacturer	Syringe Size		Quantity	Cost £
Instillagel (lidocaine 2% and chlorhexidine 0.25% gel) Clinimed Ltd	6ml	female	10	14.05
	11ml	male	10	15.76
Cathejell Mono lubricating jelly (lubricant only) Teleflex	8.5g	female	1	0.81
	12.5g	male	1	0.86

## 3. Catheter valves

Catheter valves may be used by patients with with long term urethral or suprapubic catheters.

Contraindications:

- Reduced bladder capacity
- No bladder sensation
- Cognitive impairment
- Poor manual dexterity
- Renal impairment
- Post radical prostatectomy

Catheter valves should be changed every 5-7 days

### Prescribe 5 valves to last a month

Product and manufacturer	Code	Quantity	Cost £
Care-Flo sterile catheter valve L.IN.C Medical Systems Ltd	CF1	5	7.53

## 4. Catheter retaining straps

The catheter and leg bag must be well supported to reduce traction and trauma to the bladder neck/urethra. Catheter retaining straps secure the catheter or tubing firmly and comfortably against the leg acting as a shock absorber for all indwelling catheters. These products are reusable and washable.

**Prescribe 5 straps to last 6 months**

Product and manufacturer	Length	Code	Quantity	Cost £
Ugo fix Catheter Straps Optimum Medical Solutions Ltd	Extra Short 35cm	3001	5	12.59
	Short 45cm	3002	5	12.59
	Medium 80cm	3003	5	13.90
	Long 130cm	3009	5	16.92
	Extra Long 180cm	3010	5	18.93

## 5. Catheter clips

A catheter clip can be used for the fixation of foley catheters. It can also help secure urethral or suprapubic catheters that are attached to catheter valves or drainage bags.

Catheter clips should only be considered as an alternative if catheter retaining straps are not appropriate i.e. oedematous legs, pain etc. Clips should be changed every 7 days.

**Prescribe 5 clips to last a month**

Product and manufacturer	Code	Quantity	Cost £
Ugo fix gentle	3004	5	12.44

## 6. Urinary catheter drainage bags

### 6.1 Leg bags

Leg bags may be worn either on the thigh or the calf and this will determine the length of the inlet tube. The type of outlet tap: lever or slide (T-tap) must be considered if the patient is self-caring. Frequent change of bags can put the patient at increased risk of infection by breaking the closed system more often than necessary. Qufora leg bags can be used for up to 10 days.

**Prescribe 10 bags every 2 months**



Product & Manufacturer	Tap	Code	Bag size	Tube length	Quantity	Cost £
<b>Qufora Sterile Leg Bags</b> containing 1 pair of non-latex gloves and soft elasticated cotton velcro straps MacGregor Healthcare Ltd	Q Flow Lever Tap	12061504	350ml	long tube	10	22.40
	Q Flow Lever Tap	12061704	350ml	direct tube	10	22.40
	Q Flow Lever Tap	12061804	350ml	short tube	10	22.40
	Q Flow Lever Tap	12161504	500ml	long tube	10	22.40
	Q Flow Lever Tap	12161704	500ml	direct tube	10	22.40
	Q Flow Lever Tap	12161804	500ml	short tube	10	22.40
	Q Flow Lever Tap	12161504	750ml	long tube	10	22.40
	Q Flow Lever Tap	12161704	750ml	direct tube	10	22.40
	Q Flow Lever Tap	12161804	750ml	short tube	10	22.40
	T-tap	12051504	350ml	long tube	10	22.40
	T-tap	12051704	350ml	direct tube	10	22.40
	T-tap	12051804	350ml	short tube	10	22.40
	T-tap	12151504	500ml	long tube	10	22.40
	T-tap	12151704	500ml	direct tube	10	22.40
	T-tap	12151804	500ml	short tube	10	22.40
	T-tap	12351504	750ml	long tube	10	22.40
	T-tap	12351704	750ml	direct tube	10	22.40
	T-tap	12351804	750ml	short tube	10	22.40

## 6.2 Night drainage bags – sterile drainable

2 litre sterile night drainage bags are attached to the bottom of the leg bag. They are also suitable for patients that are solely cared for in bed at all times and do not use a leg bag.

Qufora sterile drainable night bags can be used for up to 10 days.

In care homes, single use 2 litre night bags should be used and changed daily - see 5.3. They may also be used in the community if clinically appropriate

### Prescribe 10 bags every 2-3 months

Product & manufacturer	Tap	Code	Bag size	Quantity	Cost £
Qufora Q4 sterile drainable night bag with 120cm inlet tube, non-return valve, needle free sample port connector, and a pair of non latex gloves. MacGregor Healthcare Ltd	Tube clamp T valve	14853204	2 litre	10	9.57
Qufora U4 sterile drainable night bag with 120cm inlet tube, non-return valve, sample port connector, and a pair of non latex gloves MacGregor Healthcare Ltd	Tube clamp lever valve	14823204	2 litre	10	9.57

### 6.3 Night drainage bags – single use

In care homes, single use 2 litre night bags should be used and changed (at least) daily. These bags may also be used in the community if clinically appropriate.

#### Prescribe 30 bags every month

Product & manufacturer	Tap	Code	Bag size	Quantity	Cost £
ProSys single use non-sterile drainable night drainage bag CliniSupplies Ltd	Single use drainable	PSU2	2 litre	10	3.06

### 6.4 Belly bags

These are positioned on the abdomen. Urine drains into the bag by means of residual bladder pressure. Bag capacity is 1 litre. Bag needs to be changed every 28 days.

#### Prescribe 3 bags every 12 weeks

Product Rusch Manufacturer Teleflex	Code	Quantity	Cost £
Belly Bag (includes belt)	B1000	1	10.70
Belly Bag with extended drainage tubing	B1000CT	1	10.70
Belly Bag with sample port	B1000P	1	10.70
Belly Bag replacement belt	P0337	1	2.39

### 7. Leg bag holders (sleeves)

Leg bag holders reduce the pull on the bladder neck and so reduce urethral trauma. The sleeve can be worn on the thigh or on the calf, but the area needs to be measured to ensure the right size sleeve is ordered.

#### Prescribe 4 sleeves every 6 months

Product and manufacturer	Size		Code	Quantity	Cost £
Ugo fix Sleeve Leg Bag Holder Optimum Medical Solutions Ltd	Small	24-39cm	3005	4	7.33
	Medium	36-55cm	3006	4	7.33
	Large	40-70cm	3007	4	7.33
	Extra Large	65-90cm	3008	4	7.33

## 8. Leg bag straps

Leg Bag straps are usually included in packs of leg bags but may be ordered separately. They can be washed and reused.

**Prescribe 10 pairs (20)**

Product & manufacturer	Code	Quantity	Cost £
Leg bag strap (lycra) Flexicare Medical Ltd	00-0032C	10 pairs (20)	11.70

## 9. Catheter Maintenance Solutions

Catheter maintenance solutions should only be used where there is clinical rationale for use. They should only be considered for short-term use to prevent catheter encrustation or to dissolve crystal formation prior to removal of catheter to prevent urethral trauma.

Getcliffe et al (2000) suggest that two sequential instillations of a small volume are more effective than a single administration. Braun Uro-Tainer Twin, have a twin delivery system allowing for this sequential administration.

Sodium chloride is recommended for mechanical flush only.

**Polihexanide solution may be considered where there is an increased risk of infection under specialist advice.**

Product	Manufacturer	B Braun Medical Ltd	Code	Quantity	Pack size	Cost £
Uro-Tainer Twin Solution R	Citric acid 6.0%	9746625	2x30ml (60ml)	10	4.85	
Uro-Tainer Twin Suby G	Citric acid 3.23%	9746609	2x30ml (60ml)	10	4.85	
Uro-Tainer	Sodium chloride 0.9%	FB99849	50ml	10	3.54	
<b>Uro-Tainer PHMB</b>	<b>Polihexamide 0.02%</b>	<b>FB99965</b>	<b>100ml</b>	<b>10</b>	<b>3.43</b>	

## 10. Urinary sheaths & leg bags

### 10.1 Urinary sheaths

It is recommended that sheaths are changed on a daily basis.

**Prescribe one box of 30 sheaths every month**

Requests for more than 30 sheaths per month may indicate poor fit and should be referred to the Bladder and Bowel service for advice.

Product & Manufacturer	Code	Size	Diameter	Pack size	Cost £
P-Sure latex free self-adhesive sheath with Residual Free removal and Anti-Blow-Back system. Includes 1 free pubic hair protective cloth. Manfred Sauer	97.2	Small	20mm	30	47.56
	97.22	Small	22mm	30	47.56
	97.24	Small +	24mm	30	47.56
	97.26	Medium	26mm	30	47.56
	97.28	Medium	28mm	30	47.56
	97.3	Medium +	30mm	30	47.56
	97.32	Large	32mm	30	47.56
	97.35	Large	35mm	30	47.56
	97.37	Large +	37mm	30	47.56
	97.4	Extra Large	40mm	30	47.56
GB Libra latex free self adhesive sheath Pop On. Great Bear Healthcare Ltd	GBLSP24		24mm	30	47.13
	GBLSP28		28mm	30	47.13
	GBLSP31		31mm	30	47.13
	GBLSP35		35mm	30	47.13
	GBLSP40		40mm	30	47.13

### 10.2 Bioderm

**As advised by specialist.**

**Prescribe one box of 10 sheaths every month**

Product & manufacturer	Code	Quantity	Cost £
BioDerm XLS (Oval)	20026/10	10	84.37

## 10.3 Drainage bags

The following non-sterile drainage bags can be used with sheaths.

2 litre drainage bags may be attached to the leg bags for use at night see 6.2.

**Prescribe 10 bags to last 2 months**

Product & manufacturer	Code	Bag size	Quantity	Cost £
Flexicare non-sterile leg bag 60cm adjustable tube Flexicare Medical Ltd	3501	500ml	10	£21.88
Simpla Profile non-sterile leg bag Coloplast Ltd	21584	500ml	10	£30.36

Conveen Activa bag is a small thigh bag (250ml capacity) that is useful for sheath use where dribbling incontinence is experienced.

**Prescribe 10 bags (need will vary)**

Product & manufacturer	Code	Quantity	Cost £
Conveen Active non-sterile leg bag 250ml 7cm adjustable inlet tube Coloplast Ltd	25501	10	28.01

## 11. Anal Plugs/Inserts

Anal plugs are used for patients with ano-rectal incontinence problems. They are most suitable for neurogenic conditions with impaired sensation. Plugs can be left in place up to 12 hours if inserted correctly, with reasonable degree of comfort.

**Prescribe one pack of 20 (need will vary)**

**Patients should be referred to the Bladder and Bowel Service for consideration for inserts.**

Product	Manufacturer	Size	Code	Pack size	Cost £
Peristeen Anal Plug	Coloplast Ltd	Small	1451	20	46.75
Peristeen Anal Plug	Coloplast Ltd	Large	1451	20	45.79
Renew Insert	Renew Medical Inc	Starter pack	702	10	21.93
Renew Insert	Renew Medical Inc	Regular	706	30	65.80
Renew Insert	Renew Medical Inc	Large	707	30	65.80

## 12. Anal Irrigations

As advised by specialist

Manufacturer	Product	Code	Pack size	Cost £
B Braun Medical	IryPump S Set	29120E	1	494.75
	IryPump Container	29240	1	42.03
	IryCone+	29220E	1	60.07
Coloplast	Peristeen anal irrigation system	29121	1	76.28
	Peristeen anal irrigation system accessory unit	29122	1	132.95
	Peristeen anal irrigation system small	29126	1	76.28
	Peristeen anal irrigation system accessory unit small	29127	1	132.95
	Peristeen anal irrigation system rectal catheters	29123	10	85.00
	Peristeen anal irrigation system rectal catheters small	29128	10	85.00
	Peristeen anal irrigation system straps	29124	2	5.45
	Peristeen anal irrigation system tubes	29125	2	7.63
MacGregor Healthcare Ltd	Qufora Irrisedo Mini System 15 irrigation set	53601-015	1	59.00
	Qufora Irrisedo Mini System 30 irrigation set	53601-030	1	118.00
	Qufora Irrigation System Bed System (5 Irrigation Set) 12mm	53201-055	1	49.90
	Qufora Irrigation System Bed System (5 Irrigation Set) 21mm	53001-055	1	49.90
	Qufora Irrigation System Bed System (5 Irrigation Set) 30mm	53101-055	1	49.90
	Qufora Irrigation System Bed System (15 Irrigation Set) 12mm	53201-015	1	149.70
	Qufora Irrigation System Bed System (15 Irrigation Set) 21mm	53001-015	1	149.70
	Qufora Irrigation System Bed System (15 Irrigation Set) 30mm	53101-015	1	149.70
	Qufora Irrigation System Balloon System Base Set small (2)	58102-002	1	70.00
	Qufora Irrigation System Balloon System Base Set medium (2)	58101-002	1	70.00
	Qufora Irrigation System Balloon System Accessory Set small (15)	58202-015	1	115.00
	Qufora Irrigation System Balloon System Accessory Set medium (15)	58201-015	1	115.00
	Qufora Irrigation System Balloon System Catheter Set small (10)	58302-010	1	79.00
	Qufora Irrigation System Balloon System Catheter Set medium (10)	58301-010	1	79.00
	Qufora Irrisedo Cone System Starter Set	QTS	5	77.80
	Qufora Irrisedo Cone System 15 Irrigation Set	QTM	15	101.66
	Qufora Irrisedo Cone System Accessory Set	52601-015	15	59.00

## 13. Faecal Collectors

As advised by specialist

Manufacturer	Product	Code	Pack size	Cost £
B Braun Medical	Flow Collector	039900E	15	41.62
Hollister Ltd	Faecal Collector 500ml	9822	10	46.03
	Faecal Collector 1000ml	9821	10	46.03
	SECCO faecal collector pouch with fold up tail	SEC600-FT	10	45.14

## 14. Urinal systems

### 14.1 Urinals

Product Manufacturer Beambridge Medical	Code	Quantity	Cost £
Bridge Saddle urinal	6-26	1	14.43
Bridge urinal	6-18	1	14.43
Bridge urinal with tap	6-18T	1	14.43
Beambridge Bottle Bag	6-80	10	29.71
Beambridge Bottle Bag without tap	6-85	10	29.71
Beambridge Drainage Bags for use with Beambridge Urinals	6-55	10	15.55
Beambridge Lady Jug	6-45	1	15.53
Beambridge Pod with tap	6-60T	1	14.43
Beambridge Pod without tap	6-60	1	14.43
Male Draining Jug	6-50	1	14.43
Male Draining Jug with tap	6-50T	1	14.43
Male Urine Bottle (closed end)	6-51	1	14.02
URIBag pocket sized reusable urinal for men 1.1 Litre	URIBag	1	14.34
URIBag F pocket sized reusable urinal for females 1.2 Litre	URIBagF	1	14.34

### 14.2 Penis pouches

**As advised by Bladder and Bowel Service**

Product Manufacturer Hollister Ltd	Code	Quantity	Cost £
Retracted penis pouch	9811	10	29.72
Retracted penis pouch with FlexTend Skin Barrier	9813	10	29.20

## 14.3 Afex system

### As advised by Bladder and Bowel Service

This is a system that can be used by patients that have some voiding control or are urinary incontinent.

Product Manufacturer	Size	Code	Quantity	Cost £
Afex Active male urinal system iMEDicare	small	A100-S-08	1	56.87
	medium	A100-M-08	1	56.87
	large	A100-L-08	1	56.87
	extra large	A100-XL-08	1	56.87
	XX large	A100-2X-08	1	56.87
	XXX large	A100-3X-08	1	56.87
Afex Sedentary male urinal system iMEDicare	small	A110-S-08		56.87
	medium	A110-M-08	1	56.87
	large	A110-L-08	1	56.87
	extra large	A110-XL-08	1	56.87
	XX large	A110-2X-08	1	56.87
	XXX large	A110-3X-08	1	56.87
Afex Mobility Assisted male urinal system iMEDicare	small	A120-S-08	1	76.14
	medium	A120-M-08	1	76.14
	large	A120-L-08	1	76.14
	extra large	A120-XL-08	1	76.14
	XX large	A120-2X-08	1	76.14
	XXX large	A120-3X-08	1	76.14

### Afex Briefs

#### Prescribe 4 briefs for a year

Waist Size	Code	Colour	Quantity	Cost £
extra small 24"-26"	A200-XS-08	Black	1	8.99
extra small 24"- 26"	A200-XS-08	White	1	8.99
small 28" -30"	A200-S-08	Black	1	8.99
small 28" -30"	A200-S-08	White	1	8.99
medium 32" -34"	A200-M-08	Black	1	8.99
medium 32" -34"	A200-M-08	White	1	8.99
large 36" -38"	A200-L-08	Black	1	8.99
large 36" - 38"	A200-L-08	White	1	8.99
extra large 40"- 42"	A200-XL-08	Black	1	8.99
extra large 40"- 42"	A200-XL-08	White	1	8.99
XX large 44" -46"	A200-2X-08	Black	1	8.99
XX large 44" -46"	A200-2X-08	White	1	8.99
XXX large 48" -50"	A200-3X-08	Black	1	8.99
XXX large 48" -50"	A200-3X-08	White	1	8.99



## 15. Vaginal Inserts

Vaginal inserts may be used to manage female urinary stress incontinence.

Contiform is intended to support the urethra and bladder neck and may be worn all day or when needed (including during menstruation). It is reusable for up to 30 days.

**As advised by Bladder and Bowel service.**

**Prescribe 1 insert for 30 days use**

Contiform vaginal insert PioneerMedical Europe Ltd	Code	Quantity	Cost £
Starter pack	SKU184	1	49.32
Replacement pack small	SKU16134	1	25.48
Replacement pack medium	SKU16227	1	25.48
Replacement pack large	SKU16270	1	25.48

## 16. Contact details for Bladder and Bowel Service

Bladder and Bowel Service  
Bromley Healthcare  
St Paul's Cray Clinic  
Mickleham Road  
Orpington  
Bromley  
Kent  
BR5 2RJ

Tel. no: 020 8462 1255