Ways to interact with food

Tolerates food	Interacts with food	Smells food	Touches food	Tastes food	Eats food
@		6	2 m		
Looks at food, tolerates it in the room	Using utensils to engage with food, helps prepare food	Tolerates the smell of food , actively smells the food	Touches food – e.g. arm, finger, face, nose, lips	Touches on tongue, licks, holds in mouth, spits out	Eats food and swallows