

Examples of packages delivered to local services

A: Basic back care awareness when working in children's environments includes:

- Incidents of back injuries
- Causes of injuries
- Principles of good manual handling
- Tips and discussion how to apply this in the child and young persons environment.

1 hour £40: numbers unlimited

B: Manual handling training includes:

- Includes package A
- Biomechanics
- Small manual handling aids and equipment available
- Techniques practice
- Theory of risk assessments

3 hours £120: 6-8 staff per trainer

B: Manual handling training package includes:

- Include packages A and B
- Hoist training
- Practical risk assessments

6 hours £240: 6-8 staff per trainer

Packages can also be designed to update practices and skills to ensure your staff are safe, competent and can continue to deliver safe care for the children they are responsible for. Contact us to design a package to suit your needs.

Training is delivered by professionals from our children's physiotherapy team who have completed the manual handling trainers course and receive regular updates and development in current ideas and practice. DBS checks completed.

Children's physiotherapy team

Tel: 020 8315 4700

Email: childrensphysiotherapyservice@bromleyhealthcare-cic.nhs.uk

Tell us what you think

We want you to be happy with the service you receive from us, but we know that every so often something might go wrong. If you're unhappy with the care you receive or an element of our service, we want to hear from you.

Of course, we also want to hear from you if you're happy with the care you're receiving - it's good to be able to thank the team and let people know they're doing a good job, so if you have a compliment or congratulation, we'd like to hear from you.

If we are unable to resolve your concerns or you would like to take the matter further please contact us at the address below.

Global House
10 Station Approach
Hayes
Kent BR2 7EH

contact@bromleyhealthcare-cic.nhs.uk
www.bromleyhealthcare.org.uk

Bromley Healthcare Community Interest Company Ltd
Company no: 06815987 Registered in England
Registered office: Global House, 10 Station Approach, Hayes, Kent BR2 7EH

**Bromley
Healthcare**
better together

Working with



Manual handling training for you

Bespoke training packages to support safe and secure handling



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Manual handling training designed especially for you

Information for professionals

Bespoke training packages to support safe and secure handling



Bromley
Healthcare
provides bespoke
training packages
for manual
handling, aimed at
supporting safe
and secure
handling for
children and
young people in a
variety of
environments.

What is manual handling?

Manual handling is defined as, 'The transporting or supporting of loads by lifting, pulling, pushing and carrying'. (*Manual handling operations regulations*)

Do you need training?

How do you recognise when manual handling training is required when caring for a child or young person?

If the young person needs assistance to carry out activities during the day to look after themselves then manual handling training for staff is indicated. Such activities might include:

- personal care
- changing their position
- using specialist equipment such as supportive seating or standing frames
- assistance to go up and down slopes and stairs

The training requirement may be identified in the statement of Educational Need or Education, Health and Social Care Plan (EHCP).

For advice please ask the therapy staff involved or contact our physiotherapy department direct:

Tel: 020 8315 4700

Email: childrensphysiotherapyservice@bromleyhealthcare-cic.nhs.uk

Advice and training for individual children can be provided by the therapy teams involved in the child's care. However, this is safer and more effective if staff have received training in the principles of manual handling or back care that this training can provide.

Staff regularly involved in manual handling should have updates at intervals that meet their needs.

What are the regulations?

The Health and Safety at Work Act 1974 and **Manual Handling Operations Regulations 1992** updated 2004, provide the framework and guidance for manual handling.

The key points from these are that the employer has a duty to:

- complete individual risk assessments
- provide training
- provide appropriate equipment for the safe systems of work that have been agreed.

Provision of use of work Equipment Regulations 1998 (PUWER) and Lifting Operations and Lifting equipment Regulations 1998 (LOLER) give instructions on the provision and management of equipment. This includes hoist. Bromley Healthcare can provide training packages for a variety of settings including schools, pre school settings and child minding organisations.

Contact us to design a package to suit your needs.

Over the page are our contact details and some examples of packages we have delivered to local services.