# **Bromley Healthcare**

better together

# **Vizzies Activity Sheet**

#### Child's name:

### **Visual perception**

These activities have been put together to help improve the child's ability to interpret information that they are seeing. Visual perception is important for letter formation and spacing in handwriting, as well as for reading and maths.

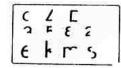
These activities can be done in any order and should ideally be practiced about three times a week for 10–15 minutes.

#### **Equipment needed**

- Chalkboard/whiteboard
- Paper
- Pens, pencils, coloured pencils and / or felt tip pens
- Square building blocks

#### 1. Complete shapes

Adult draws incomplete shapes, numbers or letters on whiteboard, chalkboard or in sand. Child has to guess what the letter is and complete it.



#### 2. Reconstruct shapes

Adult to print or hand draw large A4 sized shapes, numbers or letters. Cut into two, three or four pieces. Child reassembles the jigsaw to find out what the shape, number or letter is.

#### 3. Identify images

Adult to select pictures with a lot of detail and ask the child to find specific details, e.g., Where's Wally books or collages of magazine pictures and find all the people with red hair etc.

#### 4. Identify letters

Adult to produce sheets of assorted letters / numbers and ask the child to circle the symbols requested:

E.g., Find all the a's:

abeaqbac

E.g., Find the word cat

efcbtsq cbdsvpd stawhkm cpcatsd aglkhje

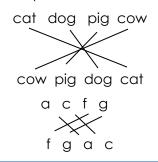
Begin with one hidden word and then increase to more.

# NHS

#### Children's Occupational Therapy

#### 5. Line matching

Write two rows of letters or words and get the child to draw a line to match the letters or words. For example:



#### 6. Placing blocks

Use building blocks to follow spatial directions, e.g., place the blue block behind / in front of / next to / underneath red block.



## 7. Copying blocks

Copy the designs using building blocks.

Train Gate Steps Pyramid







