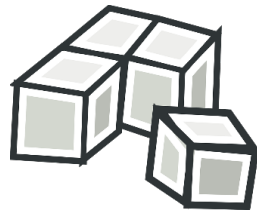


## Vizzies Activity Sheet



Child's name:

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### Memory

These activities have been put together to improve visual memory skills. They can be done in any order and should ideally be practiced about 3 times a week for 10 - 15 minutes.

### Equipment needed

- Tactile bag
- Large tactile letters, e.g., foam bath letters
- Sandpaper
- Letter / number / picture cards
- Ten everyday objects, e.g., key
- Large paper squares with colours / numbers / letters
- Masking tape
- Coloured cubes
- Squared paper

### 1. Tactile letters

Have an assortment of tactile letters in a bag. Begin with only three letters. Show the child a letter and put it in the bag with the other two letters. Encourage the child to feel for the correct letter without looking.

### 2. Kim's game

Find ten everyday items, e.g., a key or a spoon. Encourage the child to remember as many of the items as they can.

Remove one item without the child looking. Child has to identify the missing object. Try to increase the number of objects removed.

### 3. Sequencing

Use selection of matching pair cards. Lay cards in a sequence. Encourage the child to visualise characteristics of each card to aid memory of sequencing. Cover sequence. Child reproduces sequence with own cards. Begin with sequence of two and increase as confidence and competency increases.

## Children's Occupational Therapy

### 4. Memory game

Use a selection of matching pair cards. Encourage child to turn card, replace it, and turn another card to attempt to find a pair.

### 5. Coloured cubes

Provide a sequence of coloured cubes, beginning with two and increasing with confidence. Allow the child to view the sequence. Cover the sequence and encourage the child to copy the sequence from memory.

### 6. Squared paper

Adult colours a sequence of squares on squared paper. Allow the child to view the sequence before covering it and encourage the child to reproduce the sequence.

### 7. Jumping sequencing

Use large sequences of paper, which are coloured, numbered or lettered. Begin with coloured squares taped to the floor. Show the child a sequence, initially only two colours / numbers etc. Child then jumps onto the squares in the correct sequence. Increase difficulty by increasing amount of squares in the sequence and move onto letters and numbers.