

## Respiratory Team

St Pauls Cray Clinic  
Mickleham Road  
St Pauls Cray BR5 2RJ

Tel: **0300 330 5777**

**Bromley  
Healthcare**  
better together

The Respiratory service is provided by Bromley Healthcare, an award-winning social enterprise working with the NHS, delivering a wide range of community healthcare services to people of all ages in Bromley and its neighbouring boroughs.

We provide a wide range of nursing, medical and therapy services for adults and children. These include District Nursing, Health Visiting, Speech and Language Therapy, Physiotherapy and Occupational Therapy. 98% of our patients would recommend our services to their friends and family.

### Tell us what you think

We want you to be happy with the service you receive from us, but we know that every so often something might go wrong. If you're unhappy with the care you receive or an element of our service, we want to hear from you.

Of course, we also want to hear from you if you're happy with the care you're receiving - it's good to be able to thank the team and let people know they're doing a good job, so if you have a compliment or congratulation, we'd like to hear from you.

If we are unable to resolve your concerns or you would like to take the matter further please contact us at the address below.

Central Court  
1b Knoll Rise  
Orpington BR6 OJA

**020 8315 8880**

[bromh.feedback@nhs.net](mailto:bromh.feedback@nhs.net)

**[bromleyhealthcare.org.uk](http://bromleyhealthcare.org.uk)**

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# Community Respiratory Service

Provided by Bromley Healthcare

**This service provides specialist support for people in Bromley who have long term respiratory conditions, and for their families and carers.**

**This leaflet explains some of the ways in which the respiratory team can help you to learn more about your condition, to keep well and to cope with any problems.**

**The role of the respiratory team is to work with you, your GP and your consultant to ensure that you receive the best care at the right time, throughout the course of your condition.**

**The respiratory team will assess and monitor your condition to ensure you are on the best treatment for you.**

## **Access the service**

Depending on your requirements, there are a variety of ways the respiratory team can support you either:

- in clinics,
- at home if housebound, or
- by telephone.

Your doctor or nurse can refer you and the administration team will telephone you to arrange an appropriate appointment.

## **Learn more about your condition**

The respiratory team can give you information and advice to:

- Make sure that you understand your diagnosis.
- Explain your condition and symptoms to your family.
- Reassure you about your changing symptoms.
- Help you understand and get the most out of the medication and treatments you are offered.
- Help you to manage your condition and be as independent as possible.
- Discuss your treatment and care options as your conditions changes.

## **Keep well and stay independent**

The respiratory team can help you to keep well by:

- Encouraging you to attend the pulmonary rehabilitation programme to help improve your quality of life by improving your physical ability.

- Supporting you to manage your condition by providing you with evidence based information.
- Referring you to other specialists who will help you to manage your symptoms.
- Liaising with other people caring for you - consultants, hospice matrons, community nurses and GP practice teams so that you get the best care.

## **Cope better when your breathing is worse**

The Respiratory team can help you to manage your lung disease by:

- Ensuring you have a plan of care which you have agreed to.
- Adjusting your medicines to ensure you are receiving the most appropriate medication.
- Assessing you for other treatments that may help you cope with problems.
- Advising you what to do if you develop a chest infection.
- Discussing what action to take if you suddenly become unwell.