Referring to the service

The fracture liaison pathway is on a case-finding basis. Therefore, there is no direct referral into this pathway.

However, if you would like to speak to the Fracture Liaison Nurse, please contact the Falls Service on:

2 0300 003 2321

Email:Bromh.BromleyFalls@nhs.net

Opening hours: Monday to Friday

9.00am to 5.00pm

Alternate Saturdays 2:00pm to 8:00pm

Where we will see patients

Our specialist Fracture Liaison Nurse will case find patients who have attended the Emergency Department or Urgent Care Centre at the Princess Royal University Hospital.

Patients who are attending the hospital's Fracture Clinic will also be eligible for review by the service.

These appointments will either be held in the Fracture Clinic or within a dedicated fortnightly community clinic.

The Falls Service is based at:

Address: Princes Plain clinic, Princes Plain, Bromley BR2 8LD

Tel: 0300 003 2321 Fax: 0208 315 8649

Email: Bromh.BromleyFalls@nhs.net

Opening office Monday to Friday hours: except bank holidays 9.00am to 5.00pm

Tell us what you think

We want you to be happy with the service you receive from us, but we know that every so often something might go wrong. If you're unhappy with the care you receive or an element of our service, we want to hear from you.

Of course, we also want to hear from you if you're happy with the care you're receiving - it's good to be able to thank the team and let people know they're doing a good job, so if you have a compliment or congratulation, we'd like to hear from you.

If we are unable to resolve your concerns or you would like to take the matter further please contact us at the address below.

Bromley Healthcare CIC
Global House
Station Approach
Hayes
Kent BR2 7EH
contact@bromleyhealthcare-cic.nhs.uk
www.bromleyhealthcare.org.uk

Bromley Healthcare Community Interest Company Ltd Company no: 06815987 Registered in England Registered office: Global House, Station Approach, Hayes, Kent BR2 7EH





Bromley Fracture Prevention Pathway

Information for professionals

Specialist falls and fracture interventions The Fracture Pathway is part of the Bromley Falls and Fracture Prevention Service.

The Fracture Pathway is aimed at those patients identified at high risk of osteoporosis and fragility fractures.

The service aims to educate Bromley residents on falls prevention, investigate reasons for a fall and provide interventions as appropriate.

Overall this will lead to a reduction in repeat falls.

The Service will:

- Case find patients in the Emergency Department, Urgent Care Centre and Fracture Clinics who have had fragility fractures and are at high risk of falling
- Conduct comprehensive bone density and falls risk assessments to understand causes of fall and offer treatment advice for those identified at risk of osteoporosis
- Direct access to DEXA via the Fracture Liaison Nurse for those patients with suspected osteoporosis
- Recommend treatment plans in line with NICE guidance for patients to be managed closer to home by their GP.

The Falls service is part of Bromley Clinical Commissioning Group's ProMISE programme (Proactive Management of Integrated Services for the Elderly).

Its aim is to promote independence to help people and their carers better manage their own health and social care needs.

The Fracture Pathway:

- Patients over the age of 50 who have suffered a fragility fracture will be identified through case finding and offered a review appointment.
- Patients will be assessed using an Osteoporosis Risk Assessment Tool. (This is called a FRAX)
- For patients who are at a high risk of falls and over the age of 75, a treatment plan will be initiated in liaison with their GP.
- Patients who are at high risk of falling and are under 75 years old will be referred directly for a DEXA bone density scan.
- Results of the scan will either be sent to the GP or followed up by the Fracture Liaison Nurse.
- If required, an onwards referral to the multi disciplinary team (MDT) clinic pathway will be made by the Fracture Liaison Nurse.
- GPs can directly refer to the Consultant MDT clinic if a complex management plan is required.