

**Date:**

**Patient name:**

**DOB:**

**Daily dosage and time:**

## **BHC MUST Supersoup**

(Makes 1 portion)

1 sachet of cup a soup (smooth, no bits)

2 dessert spoons dried milk powder

200ml whole milk

A little boiling water

### **Directions**

Mix the cup a soup sachet contents  
and dried milk powder with a little  
boiling water to dissolve.

Heat the milk and stir gradually until  
dissolved.

***255 calories, 12g protein***



# Community Dietetic Service

Beckenham Clinic  
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**0300 330 5777**

## Tell us what you think

We want you to be happy with the service you receive from us, but we know that every so often something might go wrong. If you're unhappy with the care you receive or an element of our service, we want to hear from you.

Of course, we also want to hear from you if you're happy with the care you're receiving, it's good to be able to thank the team and let people know they're doing a good job; so if you have a compliment or congratulation, we'd like to hear from you.

If we are unable to resolve your concerns or you would like to take the matter further please contact us at the address below.

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