

Date:

Patient name:

DOB:

Daily dosage and time:

BHC MUST Compact Supershake

(Makes 1 portion)

100ml whole milk

2 dessert spoons double cream

2.5 dessert spoons dried milk powder

3 heaped teaspoons vitamin fortified
milkshake powder (e.g. Nesquik or
supermarket own brand)

Directions

Mix dried milk powder and milkshake
powder together in a glass.

Gradually add in the milk then cream
and stir well.

245 calories, 9g protein



Community Dietetic Service

Beckenham Clinic
14 The Crescent
Beckenham BR3 1DU

0300 330 5777

Tell us what you think

We want you to be happy with the service you receive from us, but we know that every so often something might go wrong. If you're unhappy with the care you receive or an element of our service, we want to hear from you.

Of course, we also want to hear from you if you're happy with the care you're receiving, it's good to be able to thank the team and let people know they're doing a good job; so if you have a compliment or congratulation, we'd like to hear from you.

If we are unable to resolve your concerns or you would like to take the matter further please contact us at the address below.

Bromley Healthcare CIC Ltd
Central Court
1 Knoll Rise
Orpington BR6 0JA

020 8315 8880

bromh.feedback@nhs.net

bromleyhealthcare.org.uk

Bromley Healthcare Community Interest Company Ltd
Company no: 06815987 Registered in England
Registered office: Central Court, 1 Knoll Rise, Orpington BR6 0JA