

The Community Nutrition and Dietetics service is provided by Bromley Healthcare, an award-winning social enterprise working with the NHS, delivering a wide range of community healthcare services to people of all ages in Bromley and its neighbouring boroughs.

We provide a wide range of nursing, medical and therapy services for adults and children. These include District Nursing, Health Visiting, Speech and Language Therapy, Physiotherapy and Occupational Therapy. 98% of our patients would recommend our services to their friends and family.

Tell us what you think

We want you to be happy with the service you receive from us, but we know that every so often something might go wrong. If you're unhappy with the care you receive or an element of our service, we want to hear from you.

Of course, we also want to hear from you if you're happy with the care you're receiving - it's good to be able to thank the team and let people know they're doing a good job, so if you have a compliment or congratulation, we'd like to hear from you.

If we are unable to resolve your concerns or you would like to take the matter further please contact us at the address below.

Central Court
1b Knoll Rise
Orpington BR6 OJA

020 8315 8880

bromh.feedback@nhs.net

bromleyhealthcare.org.uk

Bromley Healthcare Community Interest Company Ltd
Company no: 06815987 Registered in England
Registered office: Central Court, 1b Knoll Rise, Orpington BR6 OJA



**Bromley Adult
Community Dietitians**

Provided by Bromley Healthcare

Bromley Adult Community Nutrition and Dietetics

We are registered dietitians who work in Bromley to give expert advice on nutrition and dietetics.

You can be referred to us if you are over 18 and registered with a Bromley GP. Your GP or a qualified medical practitioner can refer you to us or you may call us yourself. We work closely with your GP and they may share any relevant information with us.

What are our aims?

Our aims are to:

- Increase awareness of the link between nutrition and health and promote healthy eating within the community.
- Provide advice for individuals and groups who have specific dietary needs
- Provide information and training for other health professionals. (Please note: Home visits are available for patients that are housebound.)

How can we help you?

- We can see you in our clinics, your care home, or your own home (if you are not able to leave your home) for dietary advice.
- We can give you advice to help you gain weight and improve your nutritional status.

- We can advise you on the best foods to eat if you have medical conditions requiring dietary support.
- We will look after your nutritional needs if you are tube fed. We have a specially trained nurse working with our team to help support you and your tube feed.
- We can provide training to nursing, residential and learning disability care homes and other health professionals on all aspects of diet and nutrition.

Where can you find us?

We run clinics across the borough of Bromley and we will try and see you in a clinic close to where you live. All of our clinics have wheelchair access. Visit: www.bromleyhealthcare.org.uk/dietitians to find out where our clinics are.

We are available from Monday to Friday during normal working hours; any messages left out of hours will be picked up on the next working day.

0300 330 5777

bromh.communitydietitians@nhs.net

Useful links

British Dietetic Association food facts:
www.bda.uk.com/foodfacts

NHS Healthy Eating Advice:
www.nhs.uk/live-well/eat-well

Bromley Well
www.bromleywell.org.uk