

Your child's physiotherapist will.....

- Assess your child's needs with both you and your child present.
- Discuss findings and listen to your concerns.
- Set joint goals, taking into account age, learning level and potential. Goals should be specific, realistic, achievable, measurable and with time limits.
- Provide and review a written care plan and personal exercise programme
- Provide a physiotherapy report for school annual review.
- Liaise with and teach school staff and parents/carers physiotherapeutic techniques so they may be carried out in school and at home.
- If your child has a particular need we will:
 - provide a block of treatment sessions, usually lasting a term
 - this may be followed by a period of non contact, with suggested activities to practice at home and school

Your child may have individual treatment sessions or be part of a group with a physiotherapist or physiotherapy assistant.

Please contact us for more information or if you wish to discuss this further.

Children's physiotherapy service

Bromley Healthcare CIC Ltd
Phoenix Children's Resource Centre
40 Mason's Hill
Bromley BR2 9JG

Tel: 020 8315 4700

Email: childrensphysiotherapyservice@bromleyhealthcare-cic.nhs.uk

Tell us what you think

We want you to be happy with the service you receive from us, but we know that every so often something might go wrong. If you're unhappy with the care you receive or an element of our service, we want to hear from you.

Of course, we also want to hear from you if you're happy with the care you're receiving - it's good to be able to thank the team and let people know they're doing a good job, so if you have a compliment or congratulation, we'd like to hear from you.

If we are unable to resolve your concerns or you would like to take the matter further please contact us at the address below.

Global House
10 Station Approach
Hayes
Kent BR2 7EH

contact@bromleyhealthcare-cic.nhs.uk
www.bromleyhealthcare.org.uk

Bromley Healthcare Community Interest Company Ltd
Company no: 06815987 Registered in England
Registered office: Global House, 10 Station Approach, Hayes, Kent BR2 7EH

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Working with



Supporting your child at school Riverside School

Working
together to give
your child the
physio support
they need



If your child has just started school, or if they are already part way through their school years, as they grow and develop their needs change, so their physiotherapy needs change too.

Why might your child still need physiotherapy?

Your child may still need physiotherapy but the focus may have changed.

For example:

- to provide post-operative support so your child can continue to learn by enabling them access to the school curriculum **or**
- to manage changes in postural needs and monitoring equipment **or**
- to increase participation **or**
- to ensure wellbeing and freedom from pain **or**
- changes caused by growth

What does success look like?

Success is achieved when physiotherapy advice is routinely incorporated into activities of daily living by the people who care for your child, both at home and school.

The nature and extent of support your child will need and the best way to provide it will be carefully considered. This will depend on your child's particular needs.

Each child is different.

What happens at school?

Your child will be given a named physiotherapist who is registered with the Health Care Professional Council. They will co-ordinate and lead your child's physiotherapy management plan at school and at home, all year round.

We welcome and encourage communication of concerns and ideas from parents and/or those who care for your child. This allows us to agree and set goals together which is essential to your child's success.

Working together

Physiotherapy management is a partnership between the physiotherapist, parents, carers, child and school.

Physiotherapists are part of a wider team that will work together with other health professionals, such as occupational therapists, orthotists or the wheelchair service.

Physiotherapists also work closely with school staff to provide a holistic, child-centred approach.