



Children's Physiotherapy Service  
Bromley Healthcare CIC Ltd  
40 Masons Hill  
Bromley, BR2 9JG

Tel: 020 8466 9988  
Direct Line: 020 8315 4700

## Tell us what you think

We want you to be happy with the service you receive from us, but we know that every so often something might go wrong. If you're unhappy with the care you receive or an element of our service, we want to hear from you.

Of course, we also want to hear from you if you're happy with the care you're receiving—it's good to be able to thank the team and let people know they're doing a good job, so if you have a compliment or congratulation, we'd like to hear from you.

If we are unable to resolve your concerns or you would like to take the matter further please contact us at the address below.

Global House  
10 Station Approach  
Hayes, Kent BR2 7EH  
[contact@bromleyhealthcare-cic.nhs.uk](mailto:contact@bromleyhealthcare-cic.nhs.uk)  
[www.bromleyhealthcare.org.uk](http://www.bromleyhealthcare.org.uk)

Bromley Healthcare Community Interest Company Ltd  
Company no: 06815987 Registered in England  
Registered office: Global House, 10 Station Approach, Hayes,  
Kent BR2 7EH

**Bromley  
Healthcare**  
better together

# Children's Physiotherapy Service

Advice and  
treatment for  
children and  
young people



Working with



Children's Physiotherapy can help your child to achieve their full physical potential through activities that are fun and safe.

A service delivered by experts who care.

Fun and play are vital elements of treatment.

Co-operation and enthusiastic involvement from parents/carers is essential to help your child to make the best possible progress.

## Benefits of physiotherapy

Physiotherapy can be helpful for a variety of problems or worries you may have about your child.

The following list provides examples of when physiotherapy may be needed:

- Developmental delay
- Mobility problems
- Poor posture
- Balance and co-ordination problems
- Cerebral palsy
- Joint and muscle pain/problems
- Juvenile arthritis

We can provide advice, guidance and therapy to reduce the impact of any physical difficulties on your child's day to day life.

We will work closely with the family and others involved in your child's care to ensure we address the needs and concerns identified.

The service is led by specialist physiotherapists belonging to the Chartered Society of Physiotherapists and Health Professionals Council.

## What will the physiotherapist do?

The physiotherapist will assess your child in the most appropriate environment. This could include home, school, pre-school setting or at The Phoenix Children's Resource Centre.

Discuss and plan with you and your child ways in which physiotherapy can help. For example by providing:

- Advice to families and other professionals involved
- Individual/group exercises
- Neuro-developmental therapy
- Hydrotherapy
- Provide a home/school programme
- Postural care that may include use of equipment and orthotics (splinting)
- Liaise and co-ordinate with other services involved with your child's care i.e. Education, hospital consultants, medical professionals and Social Care.

## Access to physiotherapy

The service accepts referrals for children who are aged 0-18 registered with a Bromley GP. If you are unsure if a referral is appropriate please call