Flow chart for arranging Health Assessment in Bromley

It is the responsibility of the local authority to arrange health assessment of a Looked after Child (LAC) or Young Person. British Association for Adoption and Fostering (BAAF) are the forms used.

Social Care Quality Assurance (QA)/LAC admin team completes Part A of BAAF Health Assessment Forms (IHA-C, IHA-YP, RHA-C RHA-YP)

BAAF Health Assessment Forms are sent to the carers of children and young people in care, who then arrange an appointment with the GP

Part B of the BAAF Form (IHA/RHA) is completed by the GP and returned to QA LAC admin team

For children under 5
The first RHA will be undertaken by the Designated LAC Doctor. QA Admin send BAAF form directly to the LAC clinic administrator who will arrange the appointment with the carers. Designated LAC Doctor completes both Part B and Part C

IHA/RHA completed by GP are sent to Designated LAC Doctor /Specialist Nurse for authorisation of payment and completion of Part C. This is the Health Care Plan for the Child /Young Person

Designated Doctor, Specialist Nurse and Administrator ensure that GP’s, carers and YP are provided with a copy of the Health Care Plan. Health Visitors and School Nurses are provided with a copy via EMIS.

Look After Children’s Health Team
We are a dedicated health team for children and young people who are looked after (in care). The team consists of:

Dr O Adeoye: Medical Advisor for Adoption & Fostering 020 8466 9988

Dr N Dewan: Designated Doctor for LAC 020 8466 9988

Lissa Coward: Specialist Nurse for LAC 020 8461 7874

Angela Warren: Looked After Children’s Administrator 020 8315 4678

We are based at: Phoenix Children’s Resource Centre, 40 Masons Hill, Bromley, Kent BR2 9JG

Other useful contact numbers
- Quality Assurance Team, Social Care 020 8313 4673
- Looked after Children’s Team 020 8313 4016
- Leaving Care Team 020 8313 4108
- LAC CAMHS Team—based at Bromley CAMHS 020 8315 4430

Health professionals are advised to refer to the Bromley Healthcare guidance on Health Assessment of LAC for further details.

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# Health assessment for Children and Young People in Care

When a child or young person comes into care it is a statutory requirement that they have a health assessment.

The initial health assessment (IHA) should be completed within 20 working days of a child or young person becoming looked after.

Children under five will have a Review Health Assessment (RHA) every six months, for those above five years it is annually.

## Aim of a Statutory Health Assessment

The aim of the health assessment is to ensure that children and young people in care achieve the best possible health outcomes.

Primary healthcare professionals including GP’s, Health Visitors (HV) and School Nurses (SN) work together with the Designated/Specialist Looked After Health Professionals to improve health outcomes.

### British Association for Adoption and Fostering (BAAF) are the forms used for health assessments

- Initial Health Assessment—child (0-9yrs) : IHA-C
- Review Health assessment—child (0-9yrs) : RHA-C
- Initial Health Assessment—young person (>10yrs) : IHA-YP
- Review Health Assessment—young person (>10yrs) : RHA-YP

### Statutory Looked After Children (LAC) health assessment arrangements in Bromley

- All IHA by GP or a medical doctor
- 1st RHA-C by Community Paediatrician, all other RHA-C by GP, unless need to be seen by Community Paediatrician/LAC clinic
- RHA –YP by GP or LAC nurse

### How we address emotional behavioural difficulties of LAC

- Through dedicated LAC Child and Adolescent Mental Health Service (CAMHS) Team based at Newman Road Bromley
- Bromley LAC placed Out of Borough are seen by local CAMHS, commissioned through Bromley Clinical Commissioning Group

### Multiagency and joint working to address health needs of LAC:

- LAC Health Forum
- Corporate Parenting Strategy Group

### Role of Designated Doctor and Nurse for Children and Young People in Care is to

- Identify any gaps in routine health care
- Assess additional physical or emotional health needs
- Develop a health plan for the individual to address identified issues
- Share health plans with people involved in the care of the child or young person as appropriate
- Close monitor implementation of the health plan by audits and maintaining a database
- Deliver training to health professionals and foster carers in the health needs of LAC

### Role of GP’s

- Around 50-60% of health assessments in Bromley are completed by GPs
- GPs participate in health assessment of LAC by completing Part-B of BAAF form.
- Although sometimes GP’s may have inadequate past medical information of a child/young person, their contribution plays an important part in meeting the health needs of LAC. This can be complemented by joint working with other health care professionals.

### Role of Health Visitors and School Nurses

- As lead health professional for each LAC, HVs and SNs act as key points of contact and liaison between carer, GP, designated/specialist professionals and the social care team.
- Jointly with the Specialist Nurse for LAC to ensure that the health care plan of each child/young person is implemented.